

Insulin for Life Annual Report - 2007
www.insulinforlife.org



Cambodia – Diabetes Clinic with insulin donated by IFL

What we do

No longer needed, unopened and in-date (with at least 3 months to use-by date) insulin and test strips are collected and donated overseas following specific requests from recognised organisations and with an agreed protocol.

Supplies donated from Australia July 2006 –June 2007

Our focus is on donating insulin and test strips. During the year, there were 59 separate consignments donated overseas totalling:

- 105,733 mls insulin
- 116,954 blood glucose test strips

Meters, insulin pens, pen needles and syringes are also donated.

We value these supplies sent from Australia at US\$ 450,000 (\$AUD 511,000). This valuation is based on \$US 25 per 10 mls insulin and \$US35 per 50 test strips. This is a conservative estimate of the unsubsidized cost that people with diabetes would have to pay in such countries.

Countries receiving donated supplies from Australia July 2006 – June 2007

During the year supplies were sent to the following 21 countries, with the number of separate consignments in brackets:

- **Bolivia (19)** - ongoing collaborative project with the International Diabetes Federation (IDF) Life for a Child program; and separate component to supply adults.
- **Uzbekistan (17)** - major program involving “whole of country approach” with supplies sent to several cities: has also led to establishment and revitalization of patient organizations. IDF Life for a Child component has commenced.
- **Rwanda (10)** - ongoing program: IDF Life for a Child component also.
- **Israel (7) (for Bethlehem and Ramallah) - as part of a Peres Centre for Peace project** - ongoing program: collaborative project involving Israelis and Palestinian doctor studying in Israel and a support group in Jerusalem.
- **Democratic Republic of Congo (6)** - ongoing program; supplying a Diabetes Association associated with a diabetes clinic.
- **Cambodia (4)** - ongoing program. Sihanouk Hospital (HOPE) Diabetes Centre.
- **Ecuador (4)** - ongoing program: children and adults support group started by parent of a child with diabetes: IDF Life for a Child component developing.
- **Zimbabwe (3)** - emergency supplies including in collaboration with IDF Life for a Child.
- **Maldives Islands (2)** - ongoing, originally arose from Indian Ocean tsunami.
- **Philippines (2)** - commenced 2006 arising out of Melbourne, Australia, medical student elective program.
- **Papua New Guinea (2)** - specific requests during the year.
- **Azerbaijan (2)** - ongoing.
- **Eritrea (2)** –small trial amounts.
- **Ukraine (2)** - ongoing, small project
- **Nicaragua (1)** - ongoing.
- **Bali (1)** - ongoing small project
- **Russia (1)** - ongoing small project.
- **Cuba (1)** - specific request during the year.
- **Lebanon (1)** emergency supply following request from IDF as part of formal IDF/IFL Emergencies supplies donation agreement.

➤ **Gambia (1)** - trial amount.

➤ **Ethiopia (1)** -trial amount.

The other IFL affiliates (Austria, Germany and the UK) have their own distribution networks which include some of the above countries.

Totals donated since 1984 from Australia

- 1,481,983 mls insulin
- 581,054 blood glucose test strips

Meters, insulin pens, pen needles and syringes are also donated.

We value these at US\$ 4,111,700 (AUD\$ 4,568,600)

Seventy countries in all the 7 IDF Regions have received supplies.

These supplies would have otherwise been wasted, sometimes being “incinerated”, for various reasons, including accountability issues to avoid inappropriate use; or simply because no reliable and simple mechanism to donate and distribute them was available to the donors.

Supplies sent July 2006 - June 2007 from the IFL- Oklahoma, USA centre

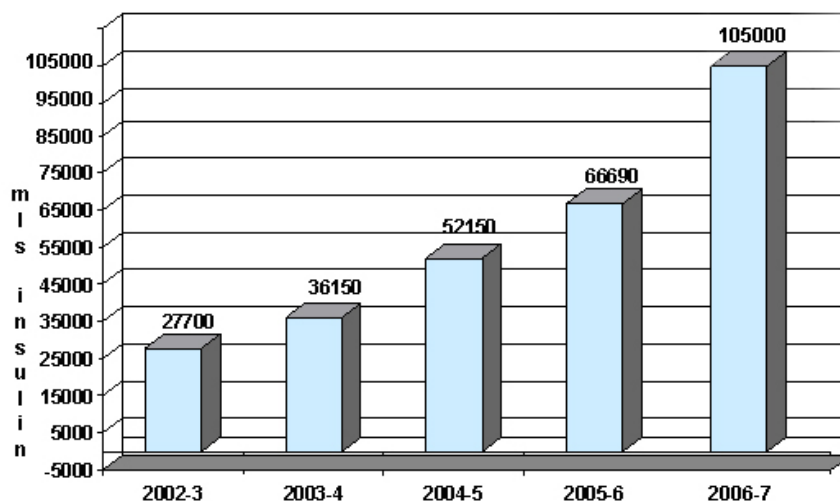
- 630 mls insulin
- 10,330 blood glucose test strips

Meters, insulin pens, pen needles and syringes were also donated.

These were sent to Ecuador and Nicaragua and are valued at US\$ 11,500.

Total value of supplies sent by IFL USA since 2004 is US\$ 35,200

Insulin donated by IFL Australia
(includes USA centre) 2002-7



IFL Global

IFL Global comprises of IFL Australia, including the USA office, and affiliates in Austria, Germany and the UK.

IFL Global is donating 250,000 mls of insulin (25,000 X 10 ml vials equivalent), several thousand boxes of test strips, and meters, insulin pens, syringes and other diabetes supplies each year.

We are hoping other IFL affiliates will develop so the network and volume of insulin and strips donated will continue to increase

Test strips that would otherwise be destroyed by the Australian Government National Supply Program (NDSS)

The NDSS is an initiative of the Australian Government and administered by Diabetes Australia. It provides testing strips, syringes and other items at subsidised prices to Australians.

There are some supplies that cannot be used, for example, as strips approach their expiry date, or because particular versions are withdrawn from the Australian market. There are potentially large volumes available.

A formal agreement was finalised during the year with Diabetes Australia and the Australian Government, and test strips, are starting to be received by IFL from NDSS centres around Australia.

We have been explaining this model to Diabetes UK and to the IDF European Region, with the hope that this will encourage similar programs to develop. These are very expensive items in developing countries. If systems can be established to collect and donate these overseas, then potentially large numbers of people would benefit. It is worth repeating that usually these supplies would otherwise be destroyed.

Eli Lilly and Sanofi-Aventis insulin donations

Through our Medical Director, Dr Alicia Jenkins, the Australian offices of these companies have made major donations of insulin during the year. These would have otherwise been destroyed. They resulted from withdrawn packaging types, and insulin which could not be distributed within Australia within the use by dates, but which could be sent overseas to be used immediately.

Two Supply Agreements with the International Diabetes Federation

Both of these were finalized in 2005.

- one relates to short term emergency supplies. Lebanon, Peru have been supplied during the year
- the other relates to supplying the IDF Life for a Child program; the above distribution list indicates the countries which benefit from this active and very successful collaboration.

Other International Diabetes Federation formal involvement

- Neil Donelan is an active member of the IDF – Towards Improvement in Diabetes Emergency Setting (TIDES) committee.
- Ron Raab continues as a member of the IDF Insulin and Other diabetes supplies Task Force, with Alicia Jenkins also participating.
- Ron was elected as a member of the IDF Nominating Committee which considers nominations for candidates to be elected as IDF Office Holders at the IDF Congress to be held in Canada in 2009.

Participation at major international meetings

IFL had displays and sponsorship to take part at the American Diabetes Association meeting in June 2007 in Chicago; the European Association for the Study of Diabetes (EASD) meeting in Copenhagen in September 2006; and at the IDF Congress in Cape Town in 2006.

Fundraising and finance

The operating costs of IFL Australia are about US\$80,000 per year.

The annual financial statement is on our internet site.

- Each of the IFL affiliates has its own fundraising arrangements. Over the years IFL Australia has received significant support from IFL/IZL Germany.
- IFL Australia income consists of donations, grants and also recovering from some recipient organizations, or their networks, some of the transport and handling costs of sending the donated supplies, which accounts for about 20% of IFL funding currently.
- During the year Eli Lilly, Medtronic and the EASD Copenhagen meeting have made significant financial donations for which we are very grateful.
- IFL receives financial and in-kind support, from individuals and organizations in several countries.

IFL Australia has a travel policy by which IFL attendance at international diabetes meetings is funded mostly by the inviting, or other, organizations.

The Board expresses its appreciation for the financial and in-kind support it receives. On behalf of those people whom you are helping keep alive we say a very big THANK YOU.

The IFL Global affiliates

IFL/IZL Austria, IFL/IZL Germany, IFL UK and IFL-USA have their own teams, which daily sort, store and dispatch the supplies, and assist in other roles.

IFL/IZL Austria is managed by Johanna Brandl. IFL/IZL Germany is managed by Heidi Schmidt-Schmiedebach. Prof Eberhard Standl, who is also President of the IDF European Region, helps coordinate and develop its activities. IFL-UK activities are managed by Jenny Hirst. IFL-USA is managed by Dr Alicia Jenkins.

Diabetes Auckland, New Zealand has been collecting and sending supplies to IFL Australia regularly for many years.

Together they make up the IFL Global team, a wonderful cooperative effort, and a "model that is right for the 21st century"!

The Board of Directors

of IFL Australia continues to work very efficiently and cohesively. They are “Working Directors”, directly involved in the daily management and administration. Neil Donelan is responsible for receiving, storage and sending of supplies. Dr Alicia Jenkins, Diabetes Specialist at St Vincent's Hospital, Melbourne, Australia, and Professor at the Oklahoma Health Sciences Centre USA manages our USA Centre; Faye Kirkwood, Treasurer and Liaison; and Bruce Wainwright, Organizational Support.

The Future

We are keen to expand the IFL model by increasing the number of autonomous collection and distribution centres which can carry the IFL name, if accredited. IFL is not a hierarchal structure; it is a grass roots cooperation made up of independent groups collecting and sending supplies with IFL Australia acting as the international coordinating centre.

We urge those reading this report to consider establishing, in a step by step process, their own collection and distribution network. This is not difficult. Any size will translate into saving lives.

Ron Raab

President, Insulin for Life Inc www.insulinforlife.org